



**Sacred Heart
CMI Public
School Thevara**

(Affiliated to CBSE, Affiliation No. 930616)

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The SH Chronicle

REFLECTION



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JUNE - JULY 2026

FROM THE DIRECTOR'S DESK

Dear Students, Parents and Well-wishers,

The true measure of a school is not found merely in its achievements, but in the lives it shapes. Every academic year unfolds as a journey of discovery, where young minds are nurtured, values are strengthened and character is formed through countless experiences both inside and beyond the classroom.

The months of June and July have once again reaffirmed the spirit of Sacred Heart CMI Public School. The enthusiasm with which our students embraced the new academic year, accepted responsibilities, celebrated important occasions, participated in academic, cultural and sporting activities and expressed themselves through various platforms reflects an educational environment that seeks excellence with purpose.

The vibrant performances presented through Sparkling Stars and Fast Forward beautifully demonstrated that every child possesses unique gifts waiting to be discovered and celebrated. When children are encouraged to dream, perform, collaborate and lead with confidence, education becomes a transformative experience rather than a mere pursuit of academic success. Inspired by the vision of St. Kuriakose Elias Chavara, we remain committed to providing an education that harmoniously integrates intellectual growth, moral integrity, spiritual values and social responsibility. Our mission is to prepare young people not only for examinations, but for life – forming compassionate leaders who uphold truth, justice and love in every sphere of society.

As you journey through this edition of Reflection, may you see not simply a record of events, but the story of a vibrant learning community where every experience contributes to the growth of confident, compassionate and responsible individuals.

May the Sacred Heart of Jesus continue to guide and bless each member of our school family.



Fr. Varghese Puthusserry CMI, Director and Manager

FROM THE PRINCIPAL'S DESK

Dear Students, Parents and Well-Wishers,

Every school has a rhythm – created by the curiosity of learners, the dedication of teachers, the encouragement of parents and the countless moments that bring a campus to life. This academic year has been filled with such moments, making June and July a memorable beginning to another inspiring chapter in the journey of Sacred Heart CMI Public School.

This edition of Reflection captures the spirit of a school that learns with enthusiasm, leads with responsibility and celebrates every opportunity for growth. With the reopening of the school, the Investiture Ceremony, meaningful observances, classroom innovations, competitions, sporting events and expressions, every experience has added colour and purpose to campus life.

One of the greatest joys of these months has been witnessing our students discover their potential through platforms that encourage confidence and self-expression. The remarkable presentations of Sparkling Stars by our Grade V students and Fast Forward by our Grade VIII students reflected not only talent but also teamwork, perseverance and the courage to perform before an audience. These experiences remind us that education is at its best when every child is given an opportunity to learn, create and shine.

None of these accomplishments would have been possible without the unwavering commitment of our teachers, the constant support of our parents and the enthusiasm of our students. Together, we continue to build a learning community where excellence is pursued with humility, discipline is balanced with compassion and every learner is encouraged to become the best version of themselves.

As you turn the pages of this issue, may you relive these memorable moments with pride and gratitude. Every photograph, every achievement and every story is a reflection of the vibrant heartbeat of our Sacred Heart family.

Happy reading and may God continue to bless our school abundantly.



Mr. Abhijith N.A., Principal

GUIDED BY YOUR VISION, INSPIRED BY YOUR LEGACY



We bid a poignant farewell to our outgoing Principal Rev. Dr. Varghese Kachappilly CMI, whose inspiring leadership, vision and dedication have left an enduring legacy in our school community.

FOREVER IN OUR HEARTS



WELCOMING OUR PILLARS OF LEADERSHIP

The school proudly welcomes the new Director and Manager, Fr. Varghese Puthusserry CMI, a visionary leader, whose remarkable journey motivates to learn and strive for excellence.



We gladly welcome the Assistant Director, Fr. Antu Kaiparambadan CMI, to our school community, whose presence marks the beginning of a promising new chapter in our institution's journey.

A warm welcome to our new Principal, Mr. Abhijith N.A., whose leadership promises inspiration and growth. We wish him a fulfilling journey of excellence.



INITIATION CEREMONY

NEW BEGINNINGS, NEW DREAMS, NEW RESPONSIBILITIES

The Initiation Ceremony marked the beginning of a new and exciting journey for our students. Filled with hope, enthusiasm and a sense of belonging, the ceremony welcomed them into a new phase of their academic life. It was a memorable occasion that inspired students to embrace new challenges, build meaningful friendships and strive towards excellence with confidence and determination.



STARS OF SUCCESS

The students made us proud with their outstanding achievements and excellent board examination results.

In std XII, 130 students appeared, out of which 14 students got full AI.

Grade X students showcased outstanding academic performance in the Board Examinations, with all 173 students achieving commendable results and 41 of them securing AI grade in all subjects.

Pride of Our School – A Triumph of Talent, Dedication and Perseverance!



Class XII

Chris Rebello

School topper
Commerce stream.



Keerthana Joe Manat

School topper
Science stream.



Saisree Manoj

The school toppers.

Class X



Krishna Happy Kadathanad



TARANG

*Rhythm, Revelry and Radiance-
Where Every Talent Finds a Voice
and Every Dream Finds a Stage.*



Tarang - The Annual Cultural Fest, celebrated the boundless talents of our students, fostering creativity, camaraderie and the true spirit of participation. The inter-house competitions transformed into a kaleidoscope of team spirit, rhythm and colour. The school campus was filled with joy and excitement, bringing together young talents to celebrate the beauty of art, music, dance and creativity.



MUSIC DAY *Harmonies of Joy*

Music Day was a vibrant celebration of harmony and creativity as students filled the campus with soulful melodies and joyful rhythms.



FEAST DAY
The school celebrated the Feast Day of our Assistant Director, Fr. Antu Kaiparambadan CMI with solemn prayers and heartfelt wishes.



FRESHERS' DAY

New Faces, New Dreams

Welcoming the new stars of our school family with warm smiles, fun-filled moments and memories.



GRANDPARENTS' DAY



Grandparents' Day celebration cherished the bond between generations with smiles, memories and togetherness.

ST. THOMAS DAY

Honouring a legacy of faith and wisdom.

The school celebrated St. Thomas Day with reverence & enthusiasm, reflecting on the life, teachings and enduring message of the Apostle.



SACRED HEART FEAST DAY

A Journey of Love and Compassion

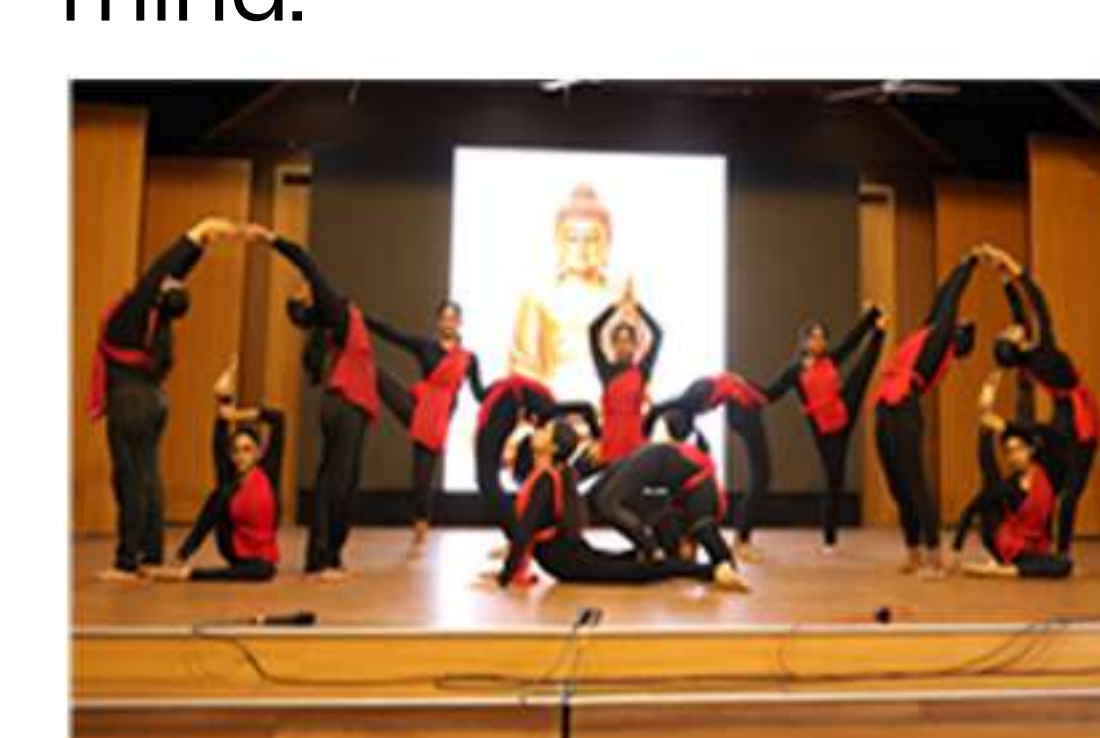
The Sacred Heart Feast Day was celebrated with devotion and joy, inspiring the school community to embrace the values of love, compassion and service.



YOGA DAY

A Journey of Wellness and Balance

Students united in every asana, reflecting a shared commitment to wellness, discipline and a balanced mind.



ANTI-DRUG DAY *Stand Strong, Say No*

Anti-Drug Day reminds us that a healthy mind and a drug-free life are the foundation of a brighter future. It inspires individuals, especially the youth, to make informed choices and stand united against substance abuse.



AI APPRECIATION DAY

AI Appreciation Day was celebrated with great fervour, providing students with an opportunity to explore the fascinating world of AI through engaging activities and demonstrations in addition to interactive learning experiences. The celebration fostered creativity, innovation and awareness about the role of AI in shaping the future.





SCHOOL SENATE 2026 - 2027

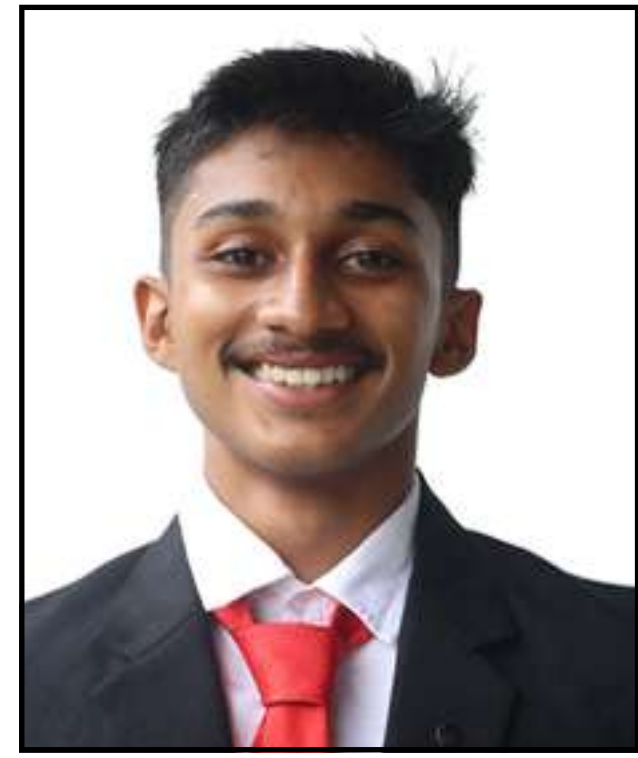
School polls- Power of Choice



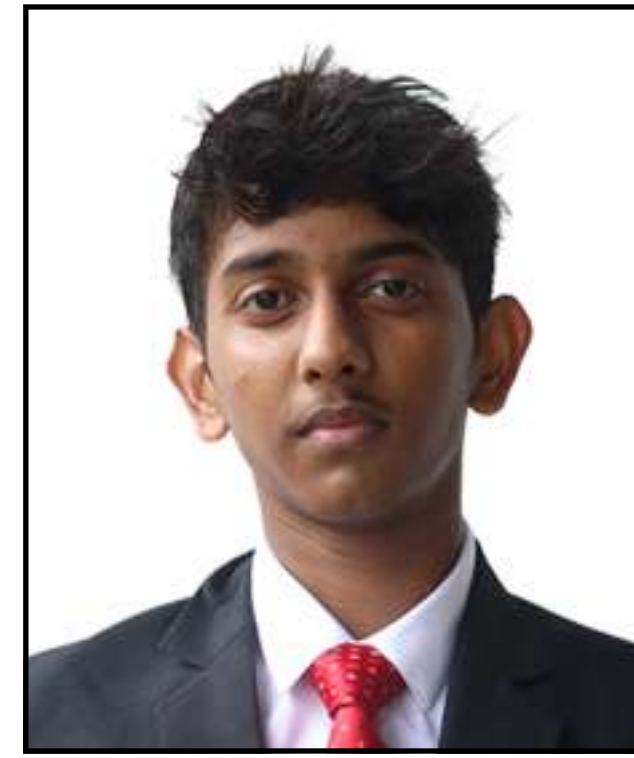
Niranjan M. Menon
(XII B)
Head Boy



Liviya Geejan
(XII B)
Head Girl



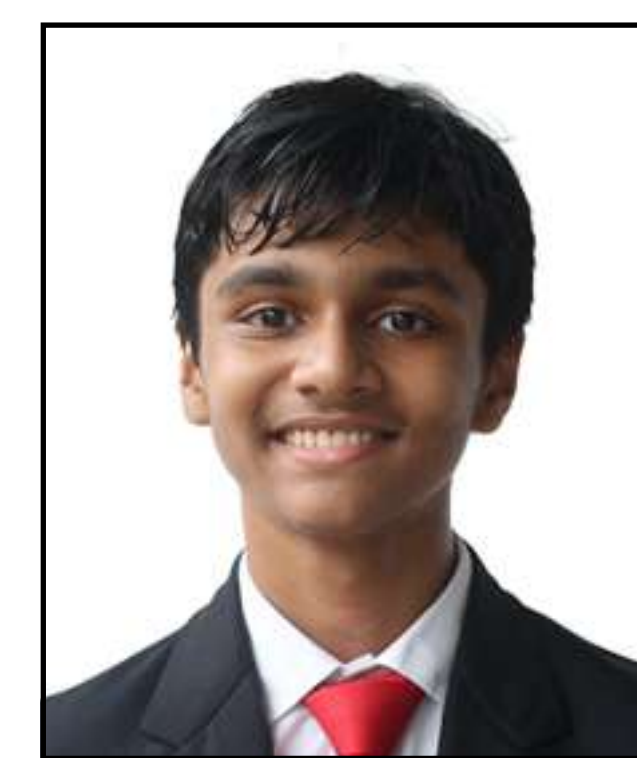
Ouseph S. Thomas
(XII A)
Sports Captain



Madhav S. Sekhar
(XII C)
Cultural Secretary



Irene Sarah Shemil
(XII B)
Student Editor



Aryan T. Robin
(VIII E)
Junior Head Boy



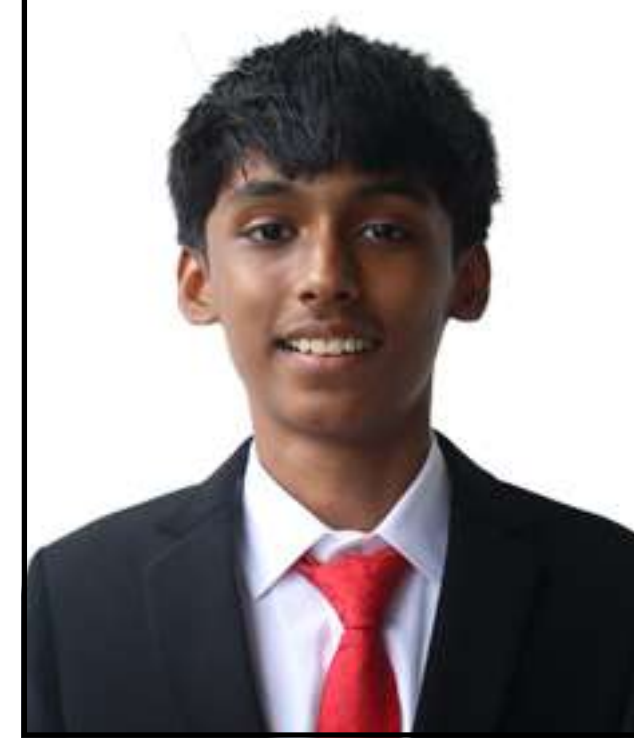
Parvathy Gopal
(VIII C)
Junior Head Girl



Alphonsa Stella Padua
(VIII E)
Junior Sports Captain



Kshitij Rajiv Rabindran
(VIII E)
Junior Cultural Secretary



Sreeraag Rajesh
(VIII A)
Junior Student Editor

The School Election provided students with an opportunity to experience the values of democracy, leadership and responsible citizenship. The election was not merely about choosing leaders; it was about nurturing young minds to lead with courage, empathy and purpose. Students participated enthusiastically in the voting process, making their choices and exercising their right to vote.

HOUSE OF HOPE



Bilal Muhammed Anis
(XI B)



A Anmol
(XI A)

HOUSE OF COURAGE



Cian Rebello
(XI C)



Shreya Sunil Manjooran
(XI B)

HOUSE OF JOY



Noah Paul V
(XI D)



Reya Rex
(XI B)

HOUSE OF WISDOM



Russel Stanley Allan
(XI B)



Isa Magdalene
(XI C)

INVESTITURE CEREMONY

Empowering Young Minds to Lead and Inspire.

The Investiture Ceremony was a proud milestone that celebrated the courage of young leaders ready to uphold the values and traditions of the school with honour and dedication.

The event was graced by honourable Chief Guest, Cdr. Marianne Mathews, CI(SNOM), who honoured the student leaders with badges of responsibility.



WORLD ENVIRONMENT DAY

A Celebration of Green Spirit

World Environment Day was celebrated with great warmth, spreading awareness about sustainable living and nature conservation.



FAST FORWARD-Where talent takes centre stage

The remarkable performance by the students of Grade VIII in the event Fast Forward reflected their exuberance, creativity and commitment, inspiring them to aspire greater heights.



HEARTBEAT FM- Connecting Hearts Through Voices

Heartbeat FM, a live FM programme conducted by students during the lunch break at Heartbeat 360, has become an exciting platform for showcasing the school's important events, achievements and activities. It reflects their talents, creativity and unique voices in innovative and engaging ways. Through this initiative, young minds are encouraged to explore their potential, express themselves confidently and shine beyond the conventional classroom.



Champions' Celebration: Reliving World Cup Glory!

The school erupted into a mini-stadium of colourful jerseys, waving flags and ecstatic cheers as students celebrated the World Cup Carnival. Apart from enjoying the game they learnt the values of teamwork, determination and fair play that inspire champions beyond the field.



ORIENTATION PROGRAMMES

Fr. Varghese Puthusserry CMI interacted with parents and students of Grades IX, X and XII, providing insights into the curriculum, learning and academic growth.



Principal Mr. Abhijith N.A. interacted with students and parents of Grades VI to VIII, highlighting the importance of teamwork, moral values and a strong partnership in nurturing young minds.



Director and Manager Fr. Varghese Puthusserry CMI led a heartfelt blessing ceremony of the students of Grades VI to VIII, with parents joining in prayer to invoke God's grace and guidance for their children's journey ahead.



Fr. Sabu Thomas addressed the parents and students of Grade XI on Digital Wellness highlighting the judicious use of technology.

INSPIRING EDUCATORS, INSPIRING GENERATIONS

An orientation session on the CMI Mission and Vision was conducted on 20 May 2026 by Rev. Dr. Francis Manavalan CMI (Assistant Director of Rajagiri Business School and Rajagiri College of Social Sciences, Valley Campus, Kakkanad) who stressed on the importance of the CMI Mission and Vision in imparting education, values and transforming society.



An interactive session on the topic, "The Art of Giving and Receiving Feedback," was conducted by Dr. Anil Thekkat (Assistant Professor, Rajagiri Business School) which focused on the extreme necessity of constructive feedback in an educational scenario.



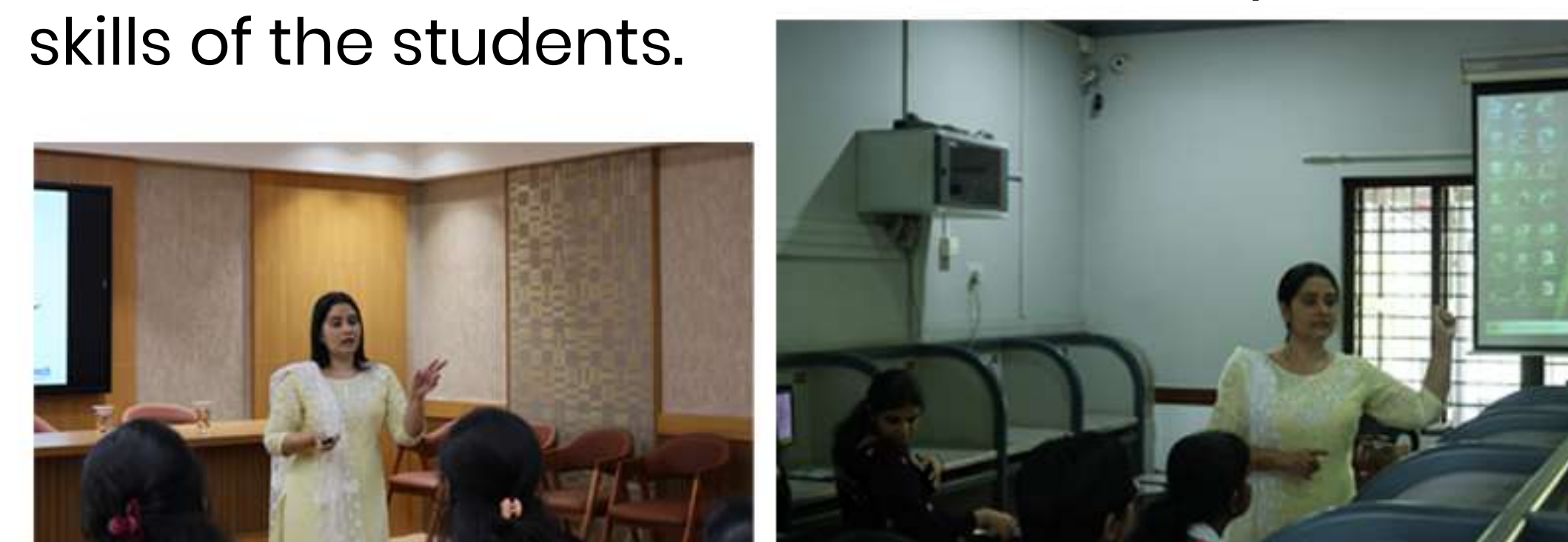
The session led by Dr. Ayesha Parveen Haroon (Assistant Professor and Head of the Department of Psychology, SRM University, Andhra Pradesh) equipped the teachers with effective psychological strategies for optimal classroom and stress management.



Fr. Sabu Thomas (Assistant Professor, Department of English, Sacred Heart College, Thevara) addressed the teachers on Digital Well-being and gave practical tips on how teachers can guide students to minimise the time they spend in the digital world mindfully and to utilise the generated time fruitfully.



The training session for the English teachers, led by Ms. Prithi George, focused on the effective utilization of the Language Lab to enhance the communication and phonetic skills of the students.



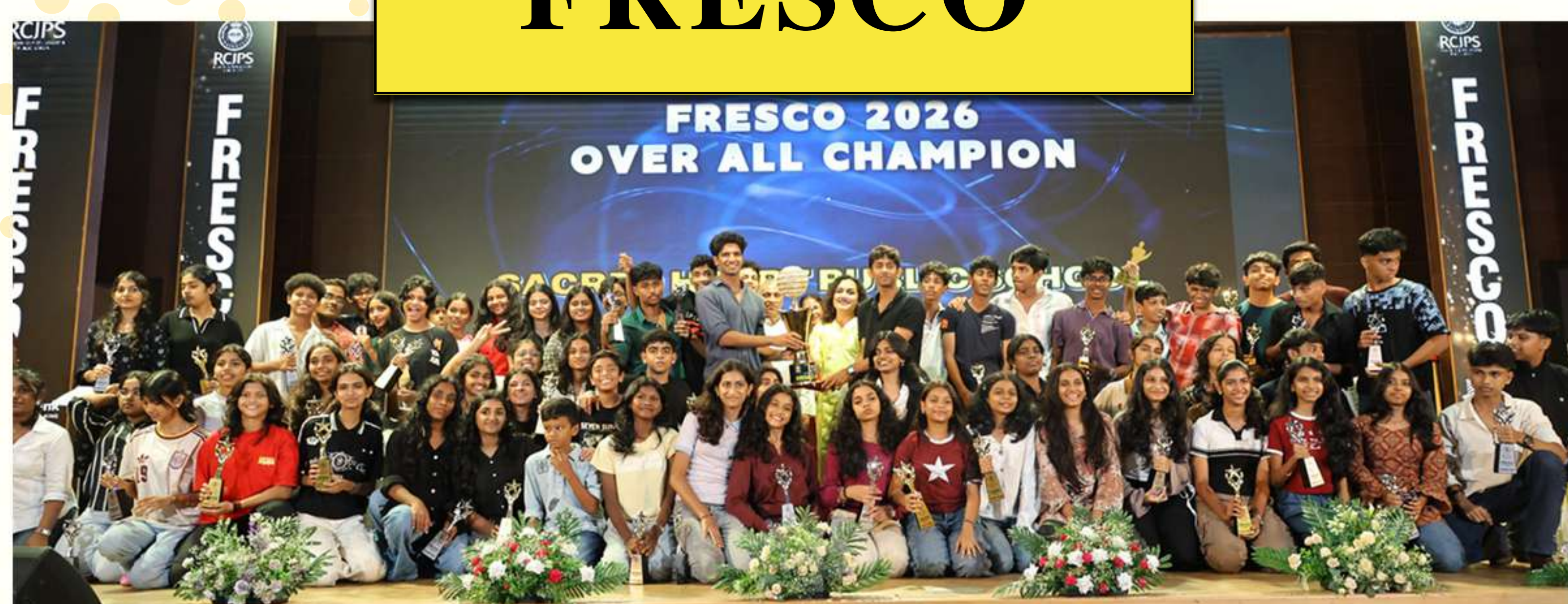
The training session on emotional well-being led by Ms. Tina Ann Varghese (Clinical Counsellor) highlighted the importance of emotional balance, learning and growing.



ACCOLADES GALORE

Fuel the Spirit, Feel the Glory

FRESCO



Heartians emerged as overall champions at FRESCO, an Inter-School Competition hosted by Rajagiri Christu Jayanthi Public School – an achievement reflecting their dedication and perseverance.

VISTA



With remarkable talent and unwavering enthusiasm, our students secured the first runner-up position at Vista, bringing laurels to the school.

KAIROS 2026



Abiel Joshua Issac
(IX E)



Milan Sanoj
(IX B)



Chrisben Martin
(IX D)

Third prize Kairos Robotics

RMUN INDIA 2026



Joanne Mariyam
Justin
(IX C)
Best Diplomacy Award



Irene J Panakal
(X D)
Best Diplomacy Award



Kshitij R Rabindran
(VIII E)
Verbal Mention for
exceptional oratory skills



Ann Mariya Anson
(XI C)
Second Prize
Tug of Words War

ORATEUR ELOQUENT - TOC H PUBLIC SCHOOL

CROSSROADS - GLOBAL PUBLIC SCHOOL



Anoushka Balagopal
(XI B)



Mythili S Nair
(XI B)

Third prize for 'Einstein's Legacy'

ANTI-DRUG DAY: POSTER MAKING COMPETITION - ERNAKULAM SUB-DIVISION POLICE DEPARTMENT



Ayaan Das
(IX B)
First Prize
Poster Making



Tianna Mariya Vincent
(XI C)
Third Prize
Poster Making

SPORTS TRIUMPHS



Bhagyalakshmi B
(IX E)
Bhagyalakshmi B was auctioned by Kottayam Bisons for ₹3.25 lakh and Rithvik Rajesh for ₹50,000 in the Basketball League Kerala - All Kerala Basketball Championship 2026.



Rithvik Rajesh
(IX A)



The Boys' Volleyball Team emerged as champions in the summer coaching Volleyball Tournament organized by Moothedam, Maradu Volleyball Academy.



Hannah Naigil
(III C)

Silver medal in the Ernakulam District Badminton Championship (U-9 category) held at Regional Sports Centre, Kadavanthra.



Arya Vineed
(VIII A)

Gold medal in Sub-Junior (U14) and Bronze medal in Junior (U19) at Ernakulam District Fencing Tournament.



Adwita Shijo
(VIII B)

Silver Medal at the Ernakulam District Amateur Kickboxing Championship and has qualified to compete in the State Championship.



Runner-Up (Under-16 Boys) at the Ernakulam District Youth Basketball Championship, conducted by Sacred Heart CMI Public School, Thevara.

FACULTY ACHIEVEMENTS



Mr. Sobin K. Joseph, a faculty member of the Department of Commerce received the Best Teacher Award 2026

Heartiest congratulations to all our prize winners and achievers! Their dedication and perseverance have turned their efforts into moments of pride and joy. Each achievement reflects their commitment to excellence and serves as an inspiration to the entire school community. May their achievements inspire many more to pursue excellence and make a difference.



"I am with you always, to the very end of the age."
— Matthew 28:20

He is always with us, wherever we go. When we are happy, he is happy with us. When we are sad or afraid, he is there to comfort us. We can talk to God anytime through prayer. He hears every prayer and knows what is in our hearts. We do not need to be afraid, because God loves us and will never leave us. God is always near. Trust him, talk to him, and remember that you are never alone.

FOR PRIVATE CIRCULATION ONLY.

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